

# Swimming Lessons at Lakeshore Heights Summer 2015 July 27-31

Swimming lessons for young and young-at-heart are confirmed! REGISTRATION OPEN NOW!



July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## Program

One certified Red Cross swim instructor is being supplied to us by the Province of Manitoba's *Interlake Swim Association*. The swim instructor's wages are covered in part by registration fees and provincial funding. The Lakeshore Heights Swim Program is the first and only site on the East side of Lake Winnipeg. As a cost-recovery program, neither the province nor the association are making a profit, however a portion of the registration fees are used to equip and improve the swim site to the standard required.

## Participants

All ages and abilities may register for swimming lessons. Participants must come from a household with an active Lakeshore Heights Association membership. If your family does not have an active membership, please continue with registration; you may confirm your membership May long-weekend. Priority registration will be given to Lakeshore Heights residents and cottagers. In the event the minimum class quota is not filled from within our community, we will open registration to adjacent communities, or offer a First Aid course; this intention is to maximize the instructor's time with us.

## Swim instructor wanted!

Are you or do you know a lifeguard/swim instructor who is interested in teaching in our program? We would love to have someone from our community teach. Please contact Christene Gawlik [gawlik@shaw.ca](mailto:gawlik@shaw.ca) for information on how to apply to the Interlake Swim Association

## Registration & Payment

<http://www.grandbeachtourism.com/cottagecom-lakeshore-programs.html>

## Cost & tax credit

\$56.00 per participant, regardless of age or ability. A receipt will be provided for CRA Children's Fitness Credit purposes (applicable to children and youth <16years)

## What level do I register for?

<http://www.redcross.ca/what-we-do/swimming-and-water-safety/swimming-lessons/red-cross-swim-guides>

## Schedule

Participants will be scheduled for one 30-minute session in the am, and one 30-minute session in the pm. Attendance in both sessions for all 5 days is recommended. The schedule is expected to be published and distributed in May. Registered participants will receive the schedule via email, and copies will be posted on the community bulletin boards.

## Volunteer requirement

Parents of participants will be asked to contribute time in the following areas; beach set-up, beach tear-down, supervision on the beach, supervision at the park. When registration closes, all families will be contacted to collaboratively set up a volunteer schedule.